

## La Cholla Group List

1501 W Commerce Ct (520)741-3180

<b>Group Name</b>	<b>Start Time</b>	<b>End Time</b>	<b>Room</b>	<b>Facilitator</b>
<b>MONDAY</b>				
Employment Skills Group	10:00 AM	11:30 AM	Inspiration	Isa
<b>TUESDAY</b>				
IOP Substance Abuse Treatment	9:00 AM	12:00 PM	Conference	Paulina
SMART Recovery	10:30 AM	12:00 PM	Harmony	Sony P
Depression and Anxiety	10:00am	11:30 AM	Inspiration	Carmen
Active Parenting	1:00 PM	2:30 PM	Inspiration	Debbie M
Vocational Rehabilitation (DES) (2 <sup>nd</sup> Tues/referral)	2:30 PM	4:00 PM	Conference	Isa
New Employment Services Orientation (4 <sup>th</sup> Tues/referral)	2:30 PM	4:00 PM	Harmony	Isa
Domestic Violence Men (Phase I) (referral)	5:00 PM	6:30 PM	Harmony	Paulina
<b>WEDNESDAY</b>				
DBT Skills Training (referral)	10:00 AM	11:30 AM	Inspiration	Josh
Thinking For Change	10:00 AM	11:30 AM	Hope	Debbie M
Art Expressions	2:30 PM	4:30 PM	Inspiration	Debbie M
MRT- Men	5:00 PM	6:30 PM	Conference	Paulina
Relapse Prevention	5:00 PM	6:30 PM	Inspiration	Debbie M
<b>THURSDAY</b>				
IOP Substance Abuse Treatment	9:00 AM	12:00 PM	Conference	Paulina
Meditation and Relaxation	10:00 AM	11:30 AM	Harmony	Debbie M
<b>FRIDAY</b>				
IOP Substance Abuse Treatment	9:00 AM	12:00 PM	Conference	Paulina
Anger Management	10:00 AM	11:30 AM	Inspiration	Debbie M
Women Connected Group	10:30 AM	12:00 PM	Harmony	Janet
Substance Abuse Recovery	1:00 PM	2:30 PM	Inspiration	Debbie M

**REVISED**

2:34 pm, Oct 09, 2018