

Lakeside Group List

8050 E Lakeside Parkway (520) 584-5820

Group Name	Start Time	End Time	Room	Facilitator
MONDAY				
IOP Substance Abuse Treatment	9:00 AM	12:00 PM	Group room 3	Jake
Anger Management	2:30 PM	4:00 PM	Group room 1	Diljot
TUESDAY				
IOP Substance Abuse Treatment	9:00 AM	12:00 PM	Group room 3	Jake
Depression/Anxiety Reduction	10:30 AM	12:00 PM	Group room 1	Sharon W.
*Friendship Skills	1:00 PM	2:30 PM	Group room 1	Sharon H
WEDNESDAY				
Domestic Violence Women <small>(Phase II referral)</small>	9:00 AM	10:30 AM	Group room 3	Kammy
Domestic Violence Men <small>(Phase II referral)</small>	10:30 AM	12:00 PM	Group room 3	Jake
Healthy Relationships	10:30 AM	12:00 PM	Group room 2	Susy
Jewelry Group	1:00 PM	2:30 PM	Group room 3	Lorna
Voc Rehab orientation ~ only offered 1st and 3rd wed of the month (referral)	2:30 PM	4:00 PM	Group room 3	Nicollette
THURSDAY				
IOP Substance Abuse Treatment	9:00 AM	12:00 PM	Group room 1	Jake
DBT Skills Training (referral)	3:30 PM	5:00 PM	Group room 1	Diljot
Modified DBT Skills Training (referral)	3:30 PM	5:00 PM	Group room 2	Karin
FRIDAY				
Relapse prevention	9:00 AM	10:30 AM	Group room 1	Allegra
SMART recovery	10:30 AM	12:00 PM	Group room 2	Scott
Art Expressions	2:00 PM	3:30 PM	Group room 3	Lorna & Sharon H.
Meditation and Relaxation	3:30 PM	4:30 PM	Group Room 2	Karin

REVISED

2:34 pm, Oct 09, 2018